

Acceptance and Commitment Training:

A Two-Day Workshop for ABA Practitioners

with Dr. Thomas Szabo and Connections Behavior Planning & Intervention

November 15 and 16, 2018 - Green River Community College, Auburn, WA

\$300 for both days, includes 14.0 BACB Type-II CEU's!!

Event Information:

Instructors: Dustin Dixon, MEd, BCBA (ACE Provider), and Dr. Thomas Szabo

Event Date: November 16 and 17, 2018

Time of Event: 8:30 – 4:30 (1-hr break for lunch)

Event Location: Green River Community College: 12401 SE 320th St, Auburn, WA 98092

Number of Type-2 CEU's earned:

- Day 1: 7.0 CEU's
- Day 2: 7.0 CEU's (1.0 Ethics CEU)

Cost to Attend: \$300 (includes registration for both days, and 14.0 BACB Type-II CEU's). For CEU's, attendees must be present for the entire workshop – partial CEU's are not offered!

Coffee and Refreshments provided at the event. **Lunch is not provided** – one hour break will be allowed for participants to get lunch.

About the Presenter:

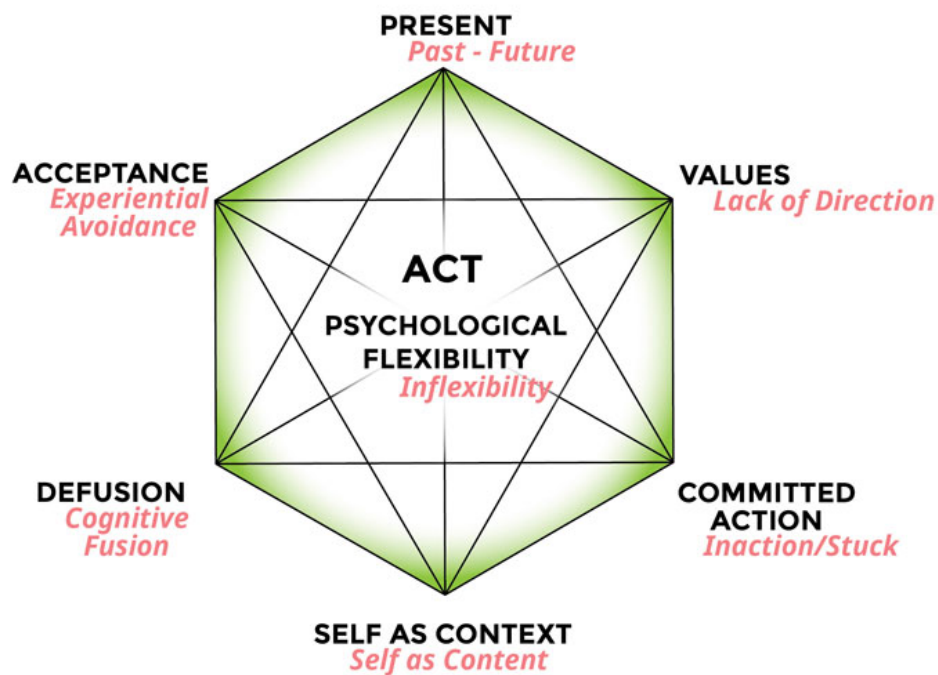


Tom Szabo, PhD, BCBA-D, is a faculty member in the Hybrid Master's Degree Program for Professional Behavior Analysis at the Florida Institute of Technology, an internationally recognized ACT trainer, a practicing Board Certified Behavior Analyst, and a graduate of the University of Nevada, Reno, where he studied under Steven C. Hayes and W. Larry Williams. Over the last 10 years, Tom has focused his practice on teaching people ways to ignite behavioral flexibility in their personal lives and with others in clinical practice, schools, board rooms, shop floors, and community centers. He is particularly interested in teaching people ways to use the “psyflex model” (aka ACT) to support individuals with high functioning autism and their families. With the Commit & Act Foundation, Tom has trained therapists in Sierra Leone working with individuals who've committed acts of gender-based violence and he is currently conducting funded research on ways to reduce intra-familial violence. With his students, Tom investigates behavioral flexibility training and clinical RFT. He has published empirical and conceptual papers, as well as several book chapters.

About Acceptance and Commitment Training

Acceptance and Commitment Therapy (ACT) is an exciting and relatively young application of the principles of behavior analysis and Verbal Behavior to pervasive patterns of problem behavior. ‘The ACT approach’ is built on the foundation of Relational Frame Theory (RFT) and seeks specific results in behavior change through evidence-based technologies. ACT has strong roots in psychotherapy, but a Dr. Szabo is a leader in the movement to take this treatment out of ‘the office’ and make it accessible to a variety of other fieldwork applications.

“Technologically, ACT uses both traditional behavior therapy techniques (defined broadly to include everything from cognitive therapy to behavior analysis), as well as others that are more recent or that have largely emerged from outside the behavior tradition...” (credit: https://contextualscience.org/about_act)



Connections Behavior Planning & Intervention, LLC, is a BACB-Approved ACE Provider (Provider #: OP-17-2781).



Seats are LIMITED, so grab yours while they're hot!

To register, please refer to the 'Continuing Education' page at the CBPI, LLC website:

<http://www.connections-behavior.com>

For more information, questions, or requests for accessibility accommodations, please email Dustin Dixon at continuingeducation@connections-behavior.com

ACT for ABA Learning Objectives

Day 1

1. Participants will state the importance of transformation of stimulus function
2. Participants will identify the basic science underpinnings of Relational Frame Theory, including rule governance and equivalence
3. Participants will be able to discriminate between uni-directional and bi-directional stimulus relations
4. Participants will be able to identify basic relational frames
5. Participants will be able to discuss why ACT was developed
6. Participants will be able to discriminate the status of private events in the science of behavior and in ABA
7. Participants will be able to state & give examples of the 6 ACT repertoires
8. Participants will be able to describe methods & results of recent ACT ABA studies

Day 2

9. Participants will be able to identify the ways that ACT training fits within the scope of practice of ABA and is consistent with Baer, Wolf, & Risley, 1968.
10. Participants will be able to role-play “acceptance” training practices and emphasize specific, measurable behaviors that are socially important
11. Participants will be able to role-play “defusion” training practices and emphasize specific, measurable behaviors that are socially important
12. Participants will be able to role-play “situational awareness” training practices and emphasize specific, measurable behaviors that are socially important
13. Participants will be able to role-play “flexible perspective-taking” training practices and emphasize specific, measurable behaviors that are socially important
14. Participants will be able to role-play “valuing” training practices and emphasize specific, measurable behaviors that are socially important
15. Participants will be able to role-play “committed action” training practices and emphasize specific, measurable behaviors that are socially important